



at Ashlands Primary School

PSHE Curriculum Statement

At Ashlands, we strongly believe that PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals. PSHE is central in helping pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them to understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Through our PSHE curriculum, we provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Implementation

We are a CORAM SCARF School and work closely with them to deliver a balanced PSHE curriculum across school. We combine these resources with the Islington Scheme of work 'You, Me, PSHE' which is a spiral curriculum, allowing the children to build on the work and topics covered the year before. Each year group builds on the same seven strands:

- Relationships and Sex Education
- Drug, alcohol and tobacco education
- Physical health and wellbeing
- Mental health and emotional wellbeing
- Keeping safe and managing risk
- Careers, financial capability and economic wellbeing
- Society and equality

At Ashlands, PSHE is mostly taught as a discreet subject with lessons taking place once a week. However, PSHE is taught indirectly in every lesson as it is an integrated part of our curriculum and our ethos as a school.

As part of PSHE, we start to teach Relationship and Sex Education in Year 4, continuing up until Year 6. Parents are always kept informed as to the content of the lessons and given notice of these lessons well in advance.

We ensure that our PSHE curriculum is supported and complemented by a variety of enrichment activities. These include: school trips, residential trip to Robinwood (Year 6), sports clubs, music opportunities, and a variety of extra-curricular opportunities.